

## DO BRING

1. A 30-day supply of approved medications (make arrangements for refills).
2. Personal Bible and any AA/NA books you have
3. (3) Full-size spiral notebooks for taking notes and journal.
4. Pens, pencils, and highlighter.
5. Clients may have up to a maximum of \$60 in their possession to purchase personal items.
6. Coat hangers.
7. Seasonally appropriate attire such as jeans, khaki pants, shorts, swimming trunks. Shirts MUST have some type of sleeve. T-shirts are OK. A shirt with a collar for church, nothing dressy is required.
8. Washcloths, towels.
9. Bed linens and blankets for a twin-size bed, pillow, and pillowcase.
10. Toothbrush and toothpaste, deodorant (stick or roll-on, shaving needs, soap, soap dish, shampoo, laundry detergent, shower shoes/flip-flops.
11. Stamps and Envelopes
12. Laundry bag for dirty clothes (extra pillowcase will do)
13. A Picture ID

## OPTIONAL ITEMS

Baseball Glove  
Work Gloves  
Extra Cigarettes

## DO NOT BRING

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1. Any medication without the Chief Operating Officer's prior approval.
2. After-shave, cologne, mouthwash, hairspray or any other aerosol sprays.
3. Tobacco products for "roll your own" cigarettes, pipe smoking, or cigars.
4. ANY ELECTRONICS such as TV, radio, iPads, cell phones, smart watches, etc.
5. Books or magazines except for Bible and AA/NA. No CDs or DVDs.
6. Golf clubs or musical instruments (including guitars).
7. Inappropriate clothing.
8. Any valuables such as expensive jewelry, watches, rings, necklaces, etc.
9. Any of your own drinks or drink mixes (We have Cokes available for purchase).
10. Any food, snacks, or candy.

IF YOU HAVE ANY QUESTIONS ABOUT THIS LIST,  
PLEASE CALL AND ASK BEFORE YOU ARRIVE.  
For a Complete and Updated List, Visit Our  
Website [www.paminc.org](http://www.paminc.org)  
(706) 453-7929

**Clients MAY NOT have any vehicles here!**